APPROVED

Meeting Minutes COMMISSION ON COMMUNITY HEALTH January 15, 2025, 6:30 P.M. FARMINGTON HILLS CITY HALL- COMMUNITY ROOM 31555 ELEVEN MILE FARMINGTON HILLS, MI 48336 (248) 473-1800<u>www.fhgov.com</u>

Call Meeting to Order and Roll Call: Molly David called the meeting to order at 6:33 PM. Each member shared their name and introduced themselves to the group.

Members Present: Molly David, Annemarie Diakow, Jessica Schefman, Charles (Charlie) Starkman, Yvelette Stines, Farah Khan, Eunice Jeffries

Members Absent: Obi Ogbonnaya, Ikramuddin Khan, Janay Hill, Victor Gardner, Leon Small

Others Present: Teresa Jergovch, Mary Bukhsh

Approval of Minutes –10/16/24: A motion to approve the October 2024 minutes was brought by Molly. The Motion was approved unopposed.

Approval of Agenda: Jessica moved to amend the meeting to add NARCAN training. The motion was approved without opposition. The motion to approve the agenda and wasThe motion was approved without opposition.

Service Announcements: Molly emailed the announcements to the commissioners prior to the instant meeting promoting American Heart Month, Eating Disorder Awareness Month, OCC programs. Sent to the social media channels liaison.

2025 Projects/Programs

- Bike program: Since the farmers market was a success in getting the word out, Teresa believes we should not start the program until the Farmer's Market event. Ann Marie will outreach for dates with Farmer's Market liaison for a booth for an early June date. FHFD will help to lead rides and dungeon fitness will help run the rides alongside Janay. Commission will need to decide on the day of the week, and frequency. Proposed starting June 12 - the last day of school. Will set up programming and dates in advance.
- Open house
- ALICE training
- Health fair booth at the senior health fair was proposed.
- Prescription drug take back Spring and Fall drives. FHFD runs the program. The Commission may want to focus on education for events or social media. Disposal is available at any time, not just event dates.

OCC Culinary Classes - Eunice - Promoting classes that align with the Commission's goals: Intro to Mediterranean Diet and Fueling Before Exercise. There is a fee for the classes. Orchard Ridge and Royal Oak have other continuing education classes available for those interested. Active shooter training - community response is hosted in auburn hills based on curriculum in Texas.

NARCAN training - Charlie and Farrah attended in October. Ongoing training opportunities are available the 4th Tuesday of every month through the Alliance for Coalition of Healthy Communities.

ALICE Training for Commissioners - tabled for February.

Member Comments/Announcements:

Any proposed meeting topics will need to be proposed at least 1 week prior to the meeting.

Next Meeting: The next commission meeting will be held **February 19, 2025,** at 6:30 PM – In the Community Room.

Adjournment: Molly moved to adjourn the meeting at 7:08pm. The motion was approved unopposed.