

## **COSTICK CAFE DINE-IN MEAL PROGRAM**

Our Congregate Dining program is now located in Shannon Hall with full-service dining in returning (all meals must be eaten on the premises). Some key points:

You need to preregister by 11 a.m. the day before to reserve your meal. No walk ins.

Service will be from 12 – 12:30 p.m.

Meals must be reserved at least one day in advance by 11 a.m. (ex. If you would like a meal on Monday

September 9 you need to reserve by Friday, September 6 at 11 a.m.) Save a phone call. Order all your meals for several days or the month in advance.

**All meals must be reserved in advance.**

### **Reserve your meal by calling 248-473-1830.**

- Meals are available **only from 12 – 12:30 p.m. in Shannon Hall**
- No exceptions to posted meal.
- Donation age 60+ \$3.50, under 60 \$6.00.

#### **Procedure upon arriving at the Costick Center:**

- Enter the Costick Center at door A.
- Swipe i.d. card at registration desk, proceed to Shannon Hall.
- Sign in for lunch and pick up envelope for donation.
- Place donation envelope in box and pick up lunch.
- **The congregate meal is plated for you to eat in Shannon Hall. No carry-out.**
- **Lunch will be served in Casey September 6, 20, 25.**
- **No Lunch service September 2, 11.**

Nutrition services are funded through Title III, Older Americans Act Funds & distributed through the AgeWay Nonprofit Senior Services and the Office of Aging and Adult Services Agency. Complies with terms and regulations of Title V of Civil Rights Act of 1964 as amended in Section 504 of the Social Rehabilitation Act of 1973. Equal opportunity employee program.

**COSTICK DINE-IN MEAL PROGRAM**

# September 2024

<b>Mon</b>		<b>Tue</b>		<b>Wed</b>		<b>Thu</b>		<b>Fri</b>		<b>Sat</b>	
1	2 <b>CENTER CLOSED</b> No Lunch Service	3 Stuffed Pepper, Roasted Potatoes, Vegetable Blend, Apple	4 Turkey/Gravy, Mashed Potatoes, Garden Salad/ Balsamic, Hot Cherry Dump Cake	5 Asian Meatballs, Egg Noodles, Asian Blend Vegetables, Spinach Garden Salad, Nectarine	6 Mac & Cheese, Stewed Tomatoes, Normandy Blend Vegetables, Peach	7					
8	9 Stuffed Cabbage, Mashed Potatoes, Vegetable Blend, Orange	10 Italian Chicken Parmesan, Penne Pasta, Italian Vegetables, Garden Salad, Plum	11 No Lunch Service	12 Beef-Chicken Fried Steak, Gravy & Whipped Potatoes, Green Beans, Pudding with Fruit	13 BBQ Pulled Pork, German Potato Salad, Northwest Vegetable Blend, Nectarine	14					
15	16 Chicken Drumstick, Roasted Sweet Potato, French Green Beans, Plum, Corn Muffin	17 Parmesan Crusted Tilapia, Brown & Wild Rice, Caribbean Vegetable Blend, Super Slaw, Peach	18 Chicken Tortilla Casserole, Broccoli, Refried Beans, Red Grapes	19 Baked Ham with Orange Sauce, Au Gratin Potatoes, Brussels Sprouts, Tropical Fruit Cup	20 Mostaccioli with Meat Sauce, Italian Vegetable Blend, Apple	21					
22	23 Brats, Sauerkraut, Carrots & Potatoes, Pear	24 Chicken Alfredo Lasagna, Venetian Blend Vegetables, Garden Salad, Orange	25 Beef Tacos, Mexican Rice, Normandy Vegetable Blend, Red Grapes	26 BBQ Chicken Breast, Vegetarian Baked Beans, Spinach, Peach	27 Parmesan Crusted Salmon, Sweet Corn Bake, Malibu Vegetable Blend, Apple	28					
29	30 Chicken Teriyaki, Rice, Asian Vegetable Blend, Tropical Fruit, Fortune Cookie	Highlighted dates, lunch will be served in Casey.		Lunch will be served in Shannon Hall.							

**Meals must be reserved at least one day in advance by 11 a.m.**

**Reserve your meal by calling 248-473-1830**

Nutrition services are funded through Title III, Older Americans Act Funds & distributed through the AgeWay Nonprofit Senior Services and the Office of Aging and Adult Services Agency. Complies with terms and regulations of Title V of Civil Rights Act of 1964 as amended in Section 504 of the Social Rehabilitation Act of 1973. Equal opportunity employee program.