

COSTICK CAFE DINE-IN MEAL PROGRAM

Our Congregate Dining program is now located in Shannon Hall with full-service dining in returning (all meals must be eaten on the premises). Some key points:

You need to preregister by 11 a.m. the day before to reserve your meal. No walk ins.

Service will be from 12 – 12:30 p.m.

Meals must be reserved at least one day in advance by 11 a.m. (ex. If you would like a meal on Monday

September 14 you need to reserve by Friday September 11 at 11 a.m.) Save a phone call. Order all your meals for several days or the month in advance.

All meals must be reserved in advance.

Reserve your meal by calling 248-473-1830.

- Meals are available **only from 12 – 12:30 p.m. in Shannon Hall**
- No exceptions to posted meal.
- Donation age 60+ \$3.50, under 60 \$6.00.

Procedure upon arriving at the Costick Center:

- Enter the Costick Center at door A.
- Swipe i.d. card at registration desk, proceed to Shannon Hall.
- Sign in for lunch and pick up envelope for donation.
- Place donation envelope in box and pick up lunch.
- **The congregate meal is plated for you to eat in Shannon Hall. No carry-out.**
- **No lunch service on September 7.**

Nutrition services are funded through Title III, Older Americans Act Funds & distributed through the AgeWay Nonprofit Senior Services and the Office of Aging and Adult Services Agency. Complies with terms and regulations of Title V of Civil Rights Act of 1964 as amended in Section 504 of the Social Rehabilitation Act of 1973. Equal opportunity employee program.

COSTICK DINE-IN MEAL PROGRAM

September 2026 Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Meatballs, Pasta, Marinara Sauce, Vegetable Blend, Banana	2 Turkey/Gravy, Mashed Potatoes, Nantucket Vegetables, Orange, Hot Cherry Dump Cake	3 Stuffed Salmon, Sweet Corn bake, Malibu Vegetable Blend, Nectarine	4 Crispy Chicken Sandwich, Stewed Tomatoes, Normandy Blend Vegetables, Peach	5
6	7 CENTER CLOSED 	8 Chicken Alfredo Lasagna, Venetian Blend Vegetables, Garden Salad, Orange	9 Beer Batter Cod Fish, Brown & Wild Rice, Capri Blend Vegetables, Cantaloupe	10 Sweet and Sour Chicken, Pineapple, Peppers, Onions, Asian Brown Rice, Far East Vegetables, Red Grapes	11 Chicken Fried Steak, Gravy & Whipped Potatoes, Green Beans, Applesauce	12
13	14 Swedish Meatballs, Pasta, Scandinavian Vegetable, Mandarin Orange	15 Lemon Pepper Tilapia, Wild & Brown Rice, European Vegetable Blend, Orange	16 Stuffed Florentine Pasta, Broccoli, Garden Salad, Red Grapes	17 Chicken Drumstick, Roasted Sweet Potatoes, French Green Beans, Plum	18 Artisan Mac & Cheese, Italian Vegetable Blend, Apple	19
20	21 Pork Chop, Au Gratin Potatoes, Brussel Sprouts, Tropical Fruit Cup	22 Pasta Salad with Chicken & Cheese, Bean Salad	23 Parmesan Crusted Salmon, Scaloped Potatoes, Northwest Vegetable Blend, Apple	24 BBQ Chicken Breast, Vegetarian Baked Beans, Spinach, Peach	25 Beef Tacos, Mexican Rice, Normandy Vegetable Blend, Fruit Cup	26
27	28 Chicken Teriyaki, Vegetable Fried Rice, Asian Vegetable Blend, Orange, Fortune Cookie	29 Spanish Cheese Omelet, Malibu Vegetable Blend, Hash Brown Potatoes, Banana, Blueberry Muffin	30 Chicken Cacciatore, Roasted Potatoes, Italian Blend Vegetables, Caesar Salad, Pear	Lunch will be served in Shannon Hall.		Highlighted dates, lunch will be served in Casey.

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