

COSTICK CAFE DINE-IN MEAL PROGRAM

Our Congregate Dining program is now located in Shannon Hall with full-service dining in returning (all meals must be eaten on the premises). Some key points:

You need to preregister by 11 a.m. the day before to reserve your meal. No walk ins.

Service will be from 12 – 12:30 p.m.

Meals must be reserved at least one day in advance by 11 a.m. (ex. If you would like a meal on Monday October 7 you need to reserve by Friday, October 4 at 11 a.m.) Save a phone call. Order all your meals for several days or the month in advance.

All meals must be reserved in advance.

Reserve your meal by calling 248-473-1830.

- Meals are available **only from 12 – 12:30 p.m. in Shannon Hall**
- No exceptions to posted meal.
- Donation age 60+ \$3.50, under 60 \$6.00.

Procedure upon arriving at the Costick Center:

- Enter the Costick Center at door A.
- Swipe i.d. card at registration desk, proceed to Shannon Hall.
- Sign in for lunch and pick up envelope for donation.
- Place donation envelope in box and pick up lunch.
- **The congregate meal is plated for you to eat in Shannon Hall. No carry-out.**
- **No lunch service October 1 & 11.**
- **Lunch will be served in Casey on October 23, 24, 25, 28, 29, 30, 31.**

Nutrition services are funded through Title III, Older Americans Act Funds & distributed through the AgeWay Nonprofit Senior Services and the Office of Aging and Adult Services Agency. Complies with terms and regulations of Title V of Civil Rights Act of 1964 as amended in Section 504 of the Social Rehabilitation Act of 1973. Equal opportunity employee program.

COSTICK DINE-IN MEAL PROGRAM

October 2024 Menu

Mon		Tue	Wed	Thu	Fri	Sat
Lunch will be served in Shannon Hall. Highlighted dates, lunch will be served in Casey.		1 TOTAL WELLNESS FAIR 10 AM - 12:30 PM No Lunch Service	2 Swedish Meatballs with Pasta, Scandinavian Blend Vegetables, Mandarin Orange	3 Spanish Cheese Omelet, Malibu Blend Vegetables, Hash Brown Potatoes, Peach Salsa	4 Country Fried Steak, Whipped Potatoes, Spinach, Pear	5
6	7 Shredded Beef Barbeque, Au Gratin Potatoes, Nantucket Vegetable Blend, Tropical Fruit	8 Lemon Pepper Tilapia, Wild & Brown Rice, European Vegetable Blend, Orange	9 Chicken Cacciatore, Roasted Potatoes, Italian Blend Vegetables, Caesar Salad, Pear	10 Stuffed Pepper, Mashed Potatoes, Vegetable Blend, Apple	11 No Lunch Service	12
13	14 Italian Cheese Manicotti, 2 Chicken Meatballs, Sicilian Blend Vegetables, Garden Salad, Honey Crisp Apple	15 Beef Stroganoff, Mashed Potatoes, Capri Blend Vegetables, Applesauce	16 Whitefish with Pesto, Basmati Rice, Venetian Blend Vegetables, Banana	17 Beef Frank, California Vegetable Blend, Hot Cinnamon Apples, Potato Salad	18 Chicken Leg, Mac N Cheese, Green Beans, Garden Salad, Tangerine	19
20	21 Chili Lime Tilapia Vegetable Rice Pilaf, Northwest Vegetable Blend, Apple	22 Beef Pepper Steak, Vegetable Fried Rice, Oriental Vegetable Blend, Mandarin Orange	23 Penne with Meat Balls, Riviera Vegetable Blend, Garden Salad, Apple	24 Chicken Enchilada, Fiesta Black Beans, Spanish Rice, Pear	25 Turkey Burger w/Swiss Cheese, Oven Fried Potatoes, Carrots, Pineapple	26
27	28 Stuffed Cabbage, Mashed Potato, Scandinavian Vegetables, Fresh Pear	29 Chicken Marsala, Cavatappi Pasta, Broccoli, Banana	30 Salisbury Steak, Au Gratin Potatoes, Green Beans, Apple	31 Beer Battered Cod, Sweet Potato Mash, Key West Vegetable Blend, Tropical Fruit		

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