

## **COSTICK CAFE DINE-IN MEAL PROGRAM**

Our Congregate Dining program is now located in Shannon Hall with full-service dining in returning (all meals must be eaten on the premises). Some key points:

You need to preregister by 11 a.m. the day before to reserve your meal. No walk ins.

Service will be from 12 – 12:30 p.m.

Meals must be reserved at least one day in advance by 11 a.m. (ex. If you would like a meal on Monday January 6 you need to reserve by Friday, January 3 at 11 a.m.) Save a phone call. Order all your meals for several days or the month in advance.

**All meals must be reserved in advance.**

### **Reserve your meal by calling 248-473-1830.**

- Meals are available **only from 12 – 12:30 p.m. in Shannon Hall**
- No exceptions to posted meal.
- Donation age 60+ \$3.50, under 60 \$6.00.

#### **Procedure upon arriving at the Costick Center:**

- Enter the Costick Center at door A.
- Swipe i.d. card at registration desk, proceed to Shannon Hall.
- Sign in for lunch and pick up envelope for donation.
- Place donation envelope in box and pick up lunch.
- **The congregate meal is plated for you to eat in Shannon Hall. No carry-out.**
- **No lunch service January 1 & 20.**
- **Lunch will be served in Casey on January 29 & 31.**

Nutrition services are funded through Title III, Older Americans Act Funds & distributed through the AgeWay Nonprofit Senior Services and the Office of Aging and Adult Services Agency. Complies with terms and regulations of Title V of Civil Rights Act of 1964 as amended in Section 504 of the Social Rehabilitation Act of 1973. Equal opportunity employee program.

**COSTICK DINE-IN MEAL PROGRAM**

# January 2025 Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Lunch will be served in Shannon Hall.		Highlighted dates, lunch will be served in Casey.	1 Center Closed 	2 Chicken Meatballs, Penne with Mariana Sauce, Sicilian Vegetable Blend, Apple	3 Tilapia Parmesan, Cheesy California Blend Vegetables, Spinach with Mushrooms, Tangerine	4
5	6 BBQ Pork Sandwich, Roasted red Skins, California Blend Vegetables, Tangerine		7 Chicken Drumstick, Roasted Butternut Squash, Malibu Blend Vegetables, Applesauce	8 Beef Tacos, Mexican Rice, Refried Beans, Shredded Lettuce/Tomatoes/Tortilla/Salsa, Banana	9 Chicken Alfredo Lasagna, Riviera Vegetable Blend, Caesar Salad, Orange	10 German Beef Stroganoff, Cavatappi Pasta, Scandinavian Blend Vegetables, Pear
12	13 Chicken Cutlet with Gravy, Mashed Potatoes, Prince Charles Vegetables, Apple	14 Artesian Mac & Cheese, Stewed Tomatoes, Vegetable Blend, Banana	15 Turkey Breast, Mashed Potatoes, Venetian Vegetable Blend, Tropical Fruit	16 Chicken Vegetable Stew, Baked Sliced Apple, Garden Salad, Biscuit	17 Crispy Fish Sandwich, Roasted Sweet Potatoes, Spinach, Tangerine	18
19	20 <b>Martin Luther King Day</b> Center Closed	21 General Tso Chicken, Vegetable Fried Rice, Asian Vegetable Blend, Mandarin Oranges, Fortune Cookie	22 Pub Cheeseburger, Vegetarian Baked Beans, Northwest Vegetable Blend, Pear Slices	23 Cheese Manicotti Marinara, Italian Green beans, Garden Salad, Orange	24 Cabbage Rolls, Mashed Potatoes, Normandy Blend Vegetables, Apple	25
26	27 Garlic Ginger Beef Stir Fry, Asian Vegetable Blend, Brown Rice, Fruit Cup, Fortune Cookie	28 Mediterranean Seasoned Chicken Breast, Vegetable Pasta Blend, Pineapple & Cherries	29 Tilapia, Scalloped Potatoes, Northwest Vegetable Blend, Apple	30 Chicken Breast Cacciatore, Penne Pasta, Venetian Blend Vegetables, Cupped Peaches	31 Italian Sausage, Peppers/Onions, Ginger Carrots, Orange	

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