

**MEETING MINUTES
COMMUNITY HEALTH COMMISSION
MARCH 20, 2019 – 6:30 P.M.
FARMINGTON HILLS CITY HALL – VIEWPOINT ROOM**

CALLED TO ORDER BY: Andrea Anderson at 6:31 pm

MEMBERS PRESENT: Andrea Anderson, T.J. Clark, Charlie Starkman, Julia Mantey, Cheryl Patel, Samantha Steckloff

MEMBERS ABSENT: Ed Nieshoff, Eunice Jeffries, Joshua Erdei, Renee Murphy

OTHERS PRESENT: Teresa Jergovich, Staff Liaison; Kari Woloszyk, Beaumont Health Communities Program

APPROVAL OF MINUTES:

Motion by Cheryl Patel, support by Andrea Anderson to approve February 20, 2019 minutes with spelling correction (Charlie Starkman, Public Comment section). Motion carried unanimously.

APPROVAL OF AGENDA:

Motion by Andrea Anderson, approved by Cheryl Patel to approve agenda as published. Motion carried unanimously.

BEAUMONT HEALTHY COMMUNITIES PROGRAM:

- Kari Woloszyk provided the commission with an introduction to the Beaumont Healthy Communities program and examples of potential activities.
 - Walking clubs, walk and roll events, health restaurant programs, use of free programming through Beaumont (e.g. diabetes resources, blood pressure test, etc.)
 - Healthy restaurants program uses USDA healthy food service guidelines; county dietitians evaluate menus based on these. Results in free marketing for restaurants, serving as an incentive for menu upgrades.
 - Example from Kari's parks and rec work: Healthy Muskegon app serves as a recreation resource and also provides information on local healthcare resources, library, etc.
 - Also great to set high-level community goals (like total steps or weight loss)
- The current Community Health Needs Assessment is wrapping up. Issues that have been commonly mentioned include substance abuse, social isolation, chronic illness, and mental health. IBM Watson will provide Beaumont with around 20 priorities identified through the CHNA in June, and stakeholders will help finalize the top priorities by September.
- The kick-off meeting for the Healthy Farmington program will be held May 28, 6 pm at the Costick Center. Many stakeholders are invited, and will conduct some asset mapping.

CALENDAR OF EVENTS:

- Farmer's market opens in May; aim to have a booth in the fall?
- Art on the Grand – first weekend in June

- Aim to use our presence to support Art Therapy if possible
- Need to confirm funds are available for the current fiscal year and the cost to rent a booth (if any).
- We could also partner with Beaumont – could cross-brand educational materials and share a table.
- Founder’s Festival – mid-July
- City of Farmington Hills Open House – September
- Re-opening of Harrison as recreation center (yet to be re-named) – 2021
 - Aim to have a space in the recreation center for our commission.

PUBLIC COMMENTS:

- Teresa announced two upcoming events:
 - “Breaking the Cycle: Solutions to End the Opioid Crisis” March 26, 8 AM-4 PM
 - “2019 Oakland County Suicide Prevention Community Discussion” May 23, 9 AM – 12 PM

MEMBER COMMENTS/ANNOUNCEMENTS:

- Cheryl Patel noted the importance of preventive mental health care to save both lives and money in the long term.
 - Charlie Starkman said that similarly, the more frequently and openly suicide is discussed the more rates decrease.

NEXT MEETING – APRIL 17, 2019:

- Andrea Anderson suggests we discuss suicide prevention at the next meeting.
- We will postpone another ECHO presentation until further down the line, and in the meantime will use their data as a resource.

ADJOURNMENT:

Motion to adjourn by Andrea Anderson, approved by Charlie Starkman. Unanimously approved; meeting adjourned at 7:36 pm.

NOTE: Anyone planning to attend the meeting who has need of special assistance under the Americans with Disabilities Act (ADA) is asked to contact the City’s Clerk’s at 248-871-240 at least two (2) business days prior to the meeting, wherein necessary arrangements/accommodations will be made.