



FOR IMMEDIATE RELEASE

Media Contact:

Kayla L. Wimbush

The Allen Lewis Agency

kayla@theallenlewisagency.com

248.943.3435

Farmington Hills to Host 17th Annual Total Wellness Fair on Oct. 6

Free community event offers vaccinations, health screenings, resources for all

FARMINGTON HILLS, Mich. (Sept. 23, 2026) – The City of Farmington Hills Special Services Department will host its 17th Annual Total Wellness Fair on Tuesday, Oct. 6, from 10 a.m. to 12:30 p.m. at the Costick Center, located at 28600 Eleven Mile Road between Middlebelt and Inkster. The free community event provides residents with access to health services, educational resources, and wellness activities.

The City has partnered with Kroger Health to offer flu, COVID-19, pneumonia, RSV and other vaccinations for all ages. Attendees can also take advantage of health screenings, assessments, educational resources, door prizes and a free lunch for adults aged 60 and older.

The Total Wellness Fair will feature demonstrations and exhibits from a range of health care vendors, providing tools, information and support to help individuals and families maintain an active, healthy lifestyle.

Participants must bring a photo ID with a current address and an insurance card and/or their Medicare or Medicaid card.

The City's 17th Annual Total Wellness Fair at the Costick Center is sponsored by Ciena Healthcare.

For more information, call 248-473-1830.

###

About the City of Farmington Hills

The City of Farmington Hills is a place where everyone is welcome. Founded in 1973, it is one of the largest communities in Oakland County. Farmington Hills is home to more than 83,000 residents who speak more than 60 languages, and more than 75 Fortune 500 businesses, including multinational corporations like Nissan and Bosch. The City is routinely recognized as one of the safest cities of its size and is known for its extensive amenities, including over 600 acres of parks, 90 athletic fields, six miles of hiking and walking trails, the Farmington Hills Golf Club, and an Ice Arena. Farmington Hills is also

home to The Hawk, an award-winning, approximately 270,000-square-foot recreation and arts venue, which includes The Hawk Theatre and The Hawk Makerspace. For more information, visit www.fhgov.com.

31555 West Eleven Mile Road • Farmington Hills, MI 48336 • 248.871.2500 Phone • 248.871.2501 Fax
Follow the City on [Facebook](#) • [Subscribe to the eNews](#) • [Sign Up for FH ALERTS](#)

Note for reporters: Although the Cities of Farmington Hills and Farmington share similar names and are both communities in Oakland County, they are two distinct and separate cities. Farmington Hills is the larger of the two, both in population and size. Farmington is a historic city with its own unique governance and community. Please be sure to differentiate between the two cities in your reporting to avoid confusion.