

**Meeting Minutes -**  
**COMMISSION ON COMMUNITY HEALTH**  
**October 15, 2025, 6:30 P.M.**  
**FARMINGTON HILLS CITY HALL- COMMUNITY ROOM**  
**31555 ELEVEN MILE**  
**FARMINGTON HILLS, MI 48336**  
**(248) 473-1800 [www.fhgov.com](http://www.fhgov.com)**

APPROVED

**Call Meeting to Order and Roll Call:** Molly called the meeting to order at 6:32 PM. Each member shared their name and introduced themselves to the group.

**Members Present:** Molly David, Yvette Stines, Jessica Schefman, Sarah Adair, Sylvia White, Erika Blaskay, Kelsey Russom, Janay Hill, Leon Small, Kimberly Dungy, Eunice Jeffries, Charles (Charlie) Starkman, Victor Gardner, Ikramuddin Khan, Farah Khan

**Members Absent:**

**Others Present:** Teresa Jergovich-Etzin

**Approval of Minutes – 9/17/2025:** Charlie brought a motion to approve the 9/17/2025 minutes, which was seconded by Eunice. The minutes from the September 2025 meeting were approved.

**Approval of Agenda:** Molly moved to amend the agenda to add discussion for holiday dinner. Jessica supported the motion to amend and approve the minutes and was seconded by Charlie. It was approved without opposition.

**Debrief of City Open House - 10/04**

Many members were present. There were some leftover pumpkins - a very small amount. The remainder was donated to seniors at the Costick Center. Healthy eating coloring books stock has been depleted. The Commission will need to purchase more for events.

**Dungeon Fitness - Detroit Fitness Cypher Open House 10/25 9:00 - 1:00pm**

Erika and Molly will work the event to hand out additional information. The commission has some concerns that the audience at the Fitness Cypher may not be aligned with the commission's events or goals. Will seek to distribute activity information, possibly promote Farmington Hills trails and parks.

**ALICE Training for Commissioner Rescheduled Date**

The members discussed and decided that the Commission will participate on Nov. 15th, from 2pm - 4pm. Other Farmington/Farmington Hills commissions are invited to attend. The event will be held at the Costick Center. Training will be conducted by Farmington Hills Police

**Debrief LDS Clothing Drive - October 10 & 11**

Ikram participated as liaison and enjoyed the partnership with LDS. 3,800 vouchers were distributed - with 800 for Farmington/Farmington Hills. The clothing drive has a very good turnout. The event had toys and a children's area for the first time. There were 110 volunteers at the event. The clothing drive increased from last year and hopes to see continued growth. Vouchers are used for tracking purposes, not entry.

**Public Service Announcements Nov & Dec**

The city is possibly working on changing logos, which will change formatting for our announcements. Victor proposed American Diabetes Month, Lung Cancer Awareness, Vaping use, and Men's health. Yvette proposed National Caregiver's month. Recently, the city council recognized Epilepsy awareness.

**Goodfellow Holiday Date is Saturday, December 20th**

Commission members are invited to volunteer for distribution. There may be a call for sorting ahead of the distribution date. The programs see an increase in people asking for help every year. Adopt-a-Senior is a separate program for participation.

**Commission Holiday Dinner**

December 17th is proposed for an event date for the commissioners.

**Member and Public Comments/Announcements:**

Yvette requested feedback on the cards; the commission appreciates and approves the cards prepared.

Ikram asked after FY budget spending; Eunice proposed sample sunscreens for giveaway. Kimberly suggested increasing messaging for sunscreen and skin cancer.

Janay asked if additional funding is available or can be requested or outside grants; the commission has not previously been awarded or applied for grant funding, but Molly will inquire. Janay is interested in grants she has seen for neighborhood gardens; Molly is interested in large scale teen mental health project. Kimberly proposed a long-term project planning and scheduling. Kelsey suggested polling the public for their interest in the commission and members proposed using QR codes, school events, mailers, and/or local newspapers for polling. This subject will need assessment.

Ikram asked after the proposal for the health fair for 2026 and wants to re-examine commission interest and other resources available. Farah suggested inviting individual practitioners to an event for "Ask a Physician" or get individual consults.

Victor proposed providing a talk for youth mental health; Kimberly mentioned the youth interest in texting mental health professionals and other digital health. Molly suggested an event for parents managing a teen's mental health - it could be a series. May be able to reserve a room at Costick or Hawk.

**Next Meeting:** The next commission meeting will be held **November 19, 2025**, at 6:30 PM.

**Adjournment:** Farah moved to adjourn the meeting, with Sarah supporting the motion. The meeting was adjourned at 7:33 PM.